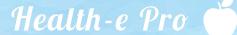
## **May High School Menu**





| MON  | TUE   | WED  | THU  | FRI  |
|--|---|--|--|--|
| HARVEST OF<br>THE MONTH:<br>SEAFOOD                              |   | 1<br>Harvest of the Month<br>Coconut Crusted<br>Fish Taco<br>Tater Tots,<br>Coleslaw, &<br>Sriracha Mayo                   | <b>2</b> Pasta with Choice of Meat or Marinara, Mozzarella Breadstick, & Local Veggies                   | <b>3</b><br>Walden Cheeseburger<br>or Veggie Burger<br>Lettuce, Onion,<br>Tomato<br>Oven Baked Fries |
| Chicken & Waffles<br>with Sweet Potato<br>Fries                  | <b>7</b> Pesto Tortellini with a Garlic Breadstick and Roasted Zucchini & Summer Squash   | <b>8</b><br>General Tso's Chicken<br>over Brown Rice with<br>Roasted Broccoli  | <b>9</b> Totchos with Ground Beef, Beans, Salsa, Sour Cream, Guacamole Corn & Bean Salad                 | <b>10</b> Chicken Parmesan with Pasta, Garlic Breadstick, and Roasted Local Veggies                  |
| Chef Special   | <b>14</b> Popcorn Chicken Bowl with Mashed Potatoes, Corn, and Gravy                      | <b>15</b> Revolution Bowl Chicken, Beans, Brown Rice, Lettuce, Salsa, Sour Cream, Guacamole                                | <b>16</b> National BBQ Day  Chicken Wing Bar  with Choice of  Dipping Sauce, Oven  Baked Fries, and Corn | <b>17</b> Chicken Dumplings over Fried Rice and Stir Fried Veggies Fortune Cookie                    |
| <b>20</b> Scrambled Egg Bowl with Roasted Potatoes, Orange Juice | <b>21</b> Sweet N Sour Chicken over Brown Rice and Cauliflower                            | <b>22</b> Gyro on Pita Bread with Choice of Chicken or Chickpeas, Tomato, Onion, and Cucumber, Tzatziki Sauce & Tater Tots | 23 Spaghetti with Choice of Harvest of the Month Seaweedish Meatballs and Roasted Veggies                | <b>24</b> Walden Cheeseburger or Veggie Burger Lettuce, Onion, Tomato Oven Baked Fries               |
| No School  THANK YOU  VETERANS                                   | <b>28</b> Mac and Cheese with Choice of BBQ Pulled Pork , Breadstick, and Roasted Veggies | <b>29</b><br>Teriyaki Chicken over<br>Brown Rice and<br>Roasted Broccoli   | <b>30</b> Steak and Cheese Subs with Baked Tater Tots  | <b>31</b> Pasta with Choice of Meat or Marinara, Mozzarella Breadstick, & Local Veggies              |

## **ANNOUNCEMENTS**

Each student also may choose from our daily lunch options which include Boar's Head Deli sandwiches, Peanut Butter and Jelly, Power Packs, Salads, Smoothies, Acai Bowls, and Pizza.

Menus are subject to change based on product availability.

Please contact us at lunchonline@abschools.org with any questions or comments.

## **MEAL PRICES**

All students receive daily 1 breakfast and 1 lunch at no charge.

Additional breakfast and lunch meals and a la carte items are available for purchase at each school. Visit our website for more information.

Prepay for meals online at www.schoolcafe.com/abrsd or pay by cash/check (AB Food Services) at school